Numbers will be at HQ, Free Drink on return of number Course Description for R25/24

Start on unclassified road just off Resolven roundabout, access to TSW works, 16 yards north of r10/22 start point. Proceed to Resolven roundabout; (0.102 miles) taking 1st exit left southbound on A465 dual carriageway to Aberdulais interchange (4.427 miles) bear left up around the loop to Tonna roundabout (4.909 miles). Take 1st exit left to main interchange roundabout (4.967 miles), circle roundabout to take 4th exit left down slip road to rejoin a465 northbound (5.363 miles). Proceed northwards to Resolven roundabout (9.562 miles), continue on A465 dual carriageway to Blaengwrach roundabout (12.599 miles). Take 1st left along cross-valley link to junction with b4242 (12.818 miles). Bear left along b4242 southbound via Pentreclwdau to Resolven junction. Continue south on b4242 via Ynysarwed, rock & fountain to turn at break in dual carriageway at Ynysygerwen (opposite factories entrance) (19.568 miles). Retrace to Resolven junction (23.050 miles). continue on b4242 passing Rheola pond to finish at the forestry fire road opposite the public lay by after Pentreclwdau'. (25.014 miles)

All riders are asked to comply with the following requests

DO NOT park or stop your car within sight of the starting or finishing timekeeper. **DO NOT** allow your friends and relations to follow you around the course - it's not allowed.

DO call your number to the finishing timekeeper or your time may not be recorded. **DO** keep your head up, be aware of your surroundings and **HAVE A SAFE RIDE**

Important Notice to all Riders PLEASE NOTE THERE WILL BE NO PUSHING OFF

The WCA, CTT and Police all recommend the use of a good hard shell helmet manufactured to internationally recognised standards.

For ALL Riders under the age of 18 these helmets are COMPULSORY. Marshall's will be positioned around the course they are there to show you the way, they have no authority over the traffic.

Please note we are not allowed to place direction arrows on the Dual Carriageway, please ensure you are familiar with the course, so there are no surprises. It is the Riders responsibility to ride within the laws of the road and with consideration to other road users, please do so

Any complaints regarding the event must be made in writing to the Event Secretary within 24hrs. The full result of this event will be published on <u>www.welshcycling.org</u>

Apologies but As Karen and I have contracted Covid we will not be in attendance so a big thank you to all the members of Port Talbot Wheelers Especially Alf Williams, Tony and Shirley Howell and CJ for picking up the pieces at short Notice.



Their Annual 25 Mile Time Trial

Date: 12th September 2021

Promoted for and on behalf of Cycling Time Trials under their rules and regulations

Timekeeper – Tony Howell

Course R25/24 Women Junior and Overflow Event 10:01am Men's Event 10:07am

Headquarters. TRW Club, Resolven, Neath SA11 4SR

Event Secretary: L Thomas 1 St Brides Close, Nottage, Porthcawl CF36 3NR Mobile 07976 601218





AWARDS One Rider One Prize ! (except team)

Men's Event		Ladies and Junior Event					
fastest rider	£25	Fastest Lady	£25				
2nd fastest	£20	2nd fastest lady	£20				
3rd fastest	£15	3rd fastest lady	£15				
Results of both events apply							
Team of 3 (Bidlake system)		£45					
1st vet on Standard		£25					
2nd vet on standard		£20					
3rd vet on standard		£15					

Lantern Rouge Prize for slowest rider on the Day £10





Number	Start Time	First Name	Last Name	Club	Gender	Category	Age	Vets
							-	Standard
1	10:01	Diane	Hynam	Bynea Cycling Club	Female	Veteran	70	1:21:37
2	10:02	Hollie	Labunsky	Port Talbot Whs CC	Female	Senior		
3	10:03	Louise	Burnie	Swansea Wheelers/CS Abertawe	Female	Senior		
4	10:04	Gemma	Waterjohns	Somerset Road Club	Female	Veteran	40	1:12:12
5	10:05	Amanda	Lane	Bynea Cycling Club	Female	Veteran	41	1:12:24
6	10:06	Tomos	Perkins	VMCC powered by Y Beic	Male	Junior		
7	10:07	Hugh	Davies	Port Talbot Whs CC	Male	Veteran	76	1:17:41
8	10:08	Robert	Lucas	Port Talbot Whs CC	Male	Veteran	73	1:15:55
9	10:09	David	Gray	Axe Valley Pedallers	Male	Veteran	58	1:09:56
10	10:10	Darrel	Williams	Bynea Cycling Club	Male	Veteran	54	1:08:52
11	10:11	John	Aspell	PDQ Cycle Coaching	Male	Veteran	53	1:08:37
12	10:12	Robert	Jones	Cardiff 100 Miles RCC	Male	Veteran	69	1:13:55
13	10:13	John	Shehan	Port Talbot Whs CC	Male	Veteran	75	1:17:04
14	10:14	Alistair	Morgan	Pontypool Road Cycling Club	Male	Veteran	59	1:10:14
15	10:15	Rob	Dyde	Pembrokeshire Velo	Male	Senior		
16	10:16	Roger	Wood	Pontypool Road Cycling Club	Male	Veteran	67	1:13:03
17	10:17	Stephan	Wilcox	Port Talbot Whs CC	Male	Veteran	60	1:10:32
18	10:18	Jeffrey	Rees	Virtual Cycling Club	Male	Veteran	58	1:09:56
19	10:19	Gary	Jones	Pontypool Road Cycling Club	Male	Veteran	59	1:10:14
20	10:20	Andy	Davies	Cardiff Jif	Male	Veteran	40	1:06:00
21	10:21	Mike	Hall	Port Talbot Whs CC	Male	Veteran	52	1:08:23
22	10:22	Simon	Kinsey	Virtual Cycling Club	Male	Veteran	51	1:08:10
23	10:23	Brad	Davies	Bynea Cycling Club	Male	Veteran	55	1:09:07
24	10:24	Matt	Jones	Port Talbot Whs CC	Male	Senior		
25	10:25	Christopher	Gibbard	Bynea Cycling Club	Male	Senior		